

Today, the Holy Orthodox Church remembers St. Makarios the Great of Egypt. St. Makarios was born about 331 AD, and at a very young age became a disciple of the famous St. Anthony the Great. He was known as “the child elder” during his lifetime, due to the piety, holiness, and pastoral abilities he possessed very early in his life. The saint fell asleep in the Lord in 391 AD, at the age of 60. Today, we have 50 homilies attributed to St. Makarios.

St. Makarios is known for his wise and deep teachings on the human heart. The excerpt below from his Homily XV, describes the conflict between good and evil that so often rages in the hearts of baptized Christian believers.

:: St. Makarios of Egypt, on the Heart ::

“The heart governs and reigns over the whole bodily organism; and when grace possesses the ranges of the heart, it rules over all the members and the thoughts. For there, in the heart, is the mind, and all the thoughts of the soul and its expectation; and in this way grace penetrates also to all the members of the body

“Within the heart are unfathomable depths. There are reception rooms and bedchambers in it, doors and porches, and many offices and passages. In it is the workshop of righteousness and of wickedness. In it is death; in it is life The heart is Christ’s palace: There, Christ the King comes to take His rest, with the angels and the spirits of the saints, and He dwells there, walking within it and placing His Kingdom there.

“The heart is but a small vessel: and yet dragons and lions are there, and there poisonous creatures and all the treasures of wickedness; rough, uneven paths are there, and gaping chasms. There likewise is God, there are the angels, there life and the Kingdom, there light and the Apostles, the heavenly cities and the treasures of grace: all things are there.”

*~from the introduction to The Art of Prayer: An Orthodox Anthology,
compiled by Igumen Chariton of Valaam*

Any announcements for the Sunday bulletin? Please submit by Wednesday each week to Fr. Andrew, by email or phone.



St. George Orthodox Church of Spring Valley

211 E. Minnesota St., Spring Valley, IL 61362
Church Office: (815) 664-4540
www.stgeorgeorthodox.org

Pastor: Father Andrew Kishler
frandrew@stgeorgeorthodox.org
773-575-3272 (cell)

January 19, 2014 – The 29th Sunday after Pentecost

Venerable Makarios the Great of Egypt, the Anchorite
Venerable Makarios of Alexandria; Arsenios, bishop of Kerkyra; Venerable Mark Eugenikos,
metropolitan of Ephesus, pillar of Orthodoxy

Orthros Morning Prayers, 9:00 am
Divine Liturgy, 10:00 am

**The Holy Bread and Coffee Hour today are offered by Beverly Malooley and family.
May God grant them many years!**

NEXT WEEK: Our annual potluck and Annual Meeting. Every member of St. George Church should plan to attend! (See more in Announcements section.)

Troparion of the Resurrection (Tone 5):

Let us believers praise and worship the Word; coeternal with the Father and the Spirit, born of the Virgin for our salvation. For, He took pleasure in ascending the Cross in the flesh to suffer death; and to raise the dead by His glorious Resurrection.

Troparion for St. Makarios of Egypt (Tone 1):

Thou didst prove to be a citizen of the desert, an angel in the flesh, and a wonderworker, O Makarios, our God-bearing Father. By fasting, vigil, and prayer thou didst obtain heavenly gifts,

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The Most Reverend Metropolitan PHILIP, primate
The Right Reverend Bishop ANTHONY, Diocese of Toledo and the Midwest
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and thou healest the sick and the souls of them that have recourse to thee with faith. Glory to Him that hath given thee strength. Glory to Him that hath crowned thee. Glory to Him that worketh healings for all through thee.

Troparion for St. George the Great-Martyr (Tone 4):

Since thou art a liberator and deliverer of captives, a help and succour of the poor and needy, a healing physician of the sick, a contender and fighter for kings, O great among martyrs, the victory-clad George: Intercede with Christ God for the salvation of our souls.

Kontakion for the Presentation of Christ (Tone 1):

Thou, O Christ God, who by Thy birth, didst sanctify the Virgin's womb, and as is meet, didst bless Simeon's arms and didst also come to save us. Preserve Thy fold in wars and confirm them whom Thou dost love, for Thou alone art the Lover of mankind.

Epistle Reading for the 29th Sunday after Pentecost

How magnified are Thy works, O Lord; in wisdom hast Thou made them all.

Bless the Lord, O my soul!

The Reading from the Epistle of St. Paul to the Colossians (3:4-11)

Brethren, when Christ, who is our life, appears, then you also will appear with Him in glory. Put to death therefore what is earthly in you: fornication, impurity, passion, evil desire, and covetousness, which is idolatry. On account of these, the wrath of God is coming upon the sons of disobedience. In these you once walked, when you lived in them. But now put them all away: anger, wrath, malice, slander, and foul talk from your mouth. Do not lie to one another, seeing that you have put off the old nature with its practices and have put on the new nature, which is being renewed in knowledge after the image of its Creator. Here there cannot be Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free man, but Christ is all, and in all.

Gospel Reading for the 12th Sunday of St. Luke

The reading from the Holy Gospel according to St. Luke (17:12-19)

At that time, as Jesus entered a village, He was met by ten lepers, who stood at a distance and lifted up their voices and said, "Jesus, Master, have mercy on us." When He saw them He said to them, "Go and show yourselves to the priests." And as they went they were cleansed. Then one of them, when he saw that he was healed, turned back, praising God with a loud voice; and he fell on his face at Jesus' feet, giving Him thanks. Now he was a Samaritan. Then Jesus said, "Were not ten cleansed? Where are the nine? Was no one found to return and give praise to God except this foreigner?" And He said to him, "Rise and go your way; your faith has made you well."

Announcements and Upcoming Events

For a full calendar of events and services at St. George, consult the calendar on our website, www.stgeorgeorthodox.org.

Our sincere condolences to the family of Elizabeth Yeazel. Elizabeth passed away Friday morning in Princeton, and Fr. Andrew will officiate her funeral Monday (tomorrow) morning at 11:00 am, at the Norberg Memorial Home in Princeton (701 E. Thompson St.). Procession to the cemetery will follow. May her memory be eternal!

Next week, Sunday, January 26: Our annual ST. GEORGE ANNUAL POTLUCK AND MEETING after the Divine Liturgy. All parishioners of St. George Church should make every effort to attend. We will look at our finances from the past year, a budget for the new year, the status of our various ministries, and an update on the parish house. Your pastor also plans to share his vision for our church community. Bring a dish to share, and please plan to attend!

Sunday February 2: Fr. Andrew has been asked to cover services at St. George in Cicero, IL, but our good friend **Archdeacon Saed Rihani** will serve Deacon's Typika and Holy Communion here in Spring Valley.

From Fr. Andrew and Kh. Patty: A big THANK YOU for all of your Christmas cards, greetings and generous gifts! We were truly not expecting such generosity and we deeply appreciate it. We are blessed to be a part of your community, and we hope this is merely the first of many Christmases together!

A note on home blessings: The Orthodox Church recommends that each home be blessed by a priest with prayer and Holy Water each year. As soon as my family gets settled into our new home in Spring Valley, it will be my great joy to visit all of you, spend time with your families, and bless your homes with the blessing of the Jordan River. More information and a sign-up sheet will be available in the coming weeks. Nothing elaborate is required on your part, and even a meal is not necessary. Feel free to ask if you have any questions.
